Mental Illness Awareness Week 2006

Mental Illness in the Movies

Exploring images of mental illness in films



Every day the popular media bring us stories and images of mental illness. Many of them relate incidents of violence and color our view of what mental illness really is. All too often the media's objective of making a sensational or humorous story line out of a person's mental illness is directly at odds with getting people in the real world into treatment and, in fact, adds stigma to their suffering. Join us to explore depictions of mental illness in three films with post-film discussions about the films' impact on the lives of real people coping with mental illness.

Prozac Nation

Based on Elizabeth Wurtzel's best-selling memoir, set in the mid-1980's before the prevalence of anti-depressants, it follows a young working class woman's (Christina Ricci) bout with depression during her first year at Harvard. The film explores this generation's struggle to navigate the effects of divorce, drugs, sex and an overbearing mother (Jessica Lange). (Running Time: 95 minutes)

POST FILM DISCUSSION facilitated by: Alison Malmon, Founder and Executive Director of Active Minds

Free of charge

Tuesday, Oct. 3, 2006, 9.45 am

LOCATION: Montgomery College, Takoma Park Campus, Health Science Center, Room HC122



Dirty Filthy Love

Michael Sheen and Shirley Henderson star in this sensitive romantic comedy about a man who struggles with Obsessive Compulsive Disorder (OCD) and Tourette's Syndrome. Unable to control his behavior, Mark (Michael Sheen) loses his job, his wife and his home before he finally joins a support group. Feeling less alone in the world, Mark bonds with the quirky members in his therapy sessions and begins a relationship with his group leader, Charlotte. (Running Time: 105 minutes)

POST FILM DISCUSSION facilitated by: Robert Dupont, MD, Author of *The* Anxiety Cure and co-founder of the Anxiety Disorders Association of America (ADAA)

Free of charge Wednesday, Oct. 4, 2006, 7:00 pm



LOCATION:
Montgomery
College,
Takoma
Park
Campus,
Health
Science
Center,
Room
HC122

Shine (1996)

A riveting profile of Australian keyboard virtuoso David Helfgott (Geoffrey Rush) and his ultimate triumph over a domineering, abusive father (Armin Mueller-Stahl), schizophrenia, and an obsession with the all but unplayable Rachmaninoff Piano Concerto No. 3. (Running Time: 105 minutes)

POST FILM DISCUSSION

Free of charge

Friday, Oct. 6, 2006, 7:00 pm

LOCATION: Montgomery College, Rockville Campus Theatre



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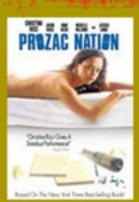
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Post-Film Discussion Free Admission





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Montgomery College Health Science Center 7977 Georgia Ave Silver Spring, MD 20910



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